



navigating
autism

AT MSP AIRPORT

I'm going to
the airport!



I'm flying to visit






Before my trip,

I will pack my clothes and
toys in a suitcase or backpack.
My family will help me pack.



I want to bring:



The day of my trip,
I will ride to the airport.



At the airport,

I will stop to check in at the ticket counter.
If I am bringing any big suitcases, I will need to
leave them with the person at the counter.
This person will make sure my bag is returned
to me when my airplane lands.

Remember!

It is very important that I stay close to
my family at ALL times.

Draw in the rest of the family below.



After I have my boarding pass,

I may have to wait in a line at security.

I will put my shoes, anything in my pockets and my suitcase or backpack in bins. It is okay to take off my shoes. I can have them back after I pass through security.

I will place the bins on rollers and they will pass through machines that let security guards inspect my items.





When it is my turn,

I will walk into the security machines.

A security officer will tell me what to do.

It will be very quick, and there is
nothing to be afraid of.

**After I walk through
the security machines,**

a security agent might need to search me.

That means a security officer may pat me down (touch)
to make sure I don't have items
that are not allowed on the plane.

Once I'm told I am finished with security
screening, I will collect my items from the
bins and put my shoes back on.





Now that I'm all done with security,
I can check the information screens to
see if my airplane is on time and at what
gate my airplane is parked.



I will walk to the gate
where the airplane is parked.

To get there I will walk down a long hallway
called a concourse. Then I will wait at the gate
until it is time to get on the airplane.

If I have a long wait,
I may be able to get a snack,
play or watch planes.

Draw some planes in the sky
above the MSP Airport. 

When it's time to get on the airplane,
I will stand in line and give my boarding
pass to the person at the gate who will
scan it and give it back to me.





When I get on the plane,

I will look for the seat number that matches my boarding pass. Someone will be there to help me find which seat is mine.

When I find my seat, I can put my backpack under the seat in front of mine. My suitcase can be put in the bins above my seat.

Once my bags are in place,
I will sit in my seat and fasten my seatbelt.

Shhhh

It is important to speak quietly while I am
on the airplane. Some people will be trying to
sleep or read, and we will all need to hear
when the pilot talks to us on the intercom.



When everyone is seated,
the airplane will be ready for take-off. The plane
will go faster and faster down the runway
until it lifts into the air.

It will go far up into the sky so my ears might start to
feel funny. Chewing gum and swallowing
a lot can make my ears feel better.

Now, I can read books, color or take a nap.
Once the flight attendants say it is okay,
I can play my video games or music.





The pilot will announce when
we are about to land.

I will turn off my video games and put
them in my backpack.

The airplane will land and stop. Once the airplane lands
and the flight attendants say it is okay, I will unbuckle
my seatbelt and gather my bags.

I will wait while other people are getting off the
airplane. When it is my turn I will exit with my bags.

When I get off the plane,
I will go to the baggage claim to get my suitcase
that I checked in at the other airport.

**MISSION
ACCOMPLISHED!**



I will leave the airport in a

☐ friend's car.

☐ rental car.

☐ hotel shuttle.

☐ bus.

☐ taxi.

☐ train.

I made it to



How are you doing?

5



4



3



2



1



EMERGENCY SCALE

