

Light & Healthy

GRANOLA 8

home made granola with raisins, berries, toasted pumpkin seed, flax seed, pecans and oats. Served over vanilla greek yogurt

OATMEAL 7.75

maple syrup, fresh berries

SMOKED SALMON 15

w/chive cream cheese, thin red onion, radishes, house pickles and toasted bagel halves

VIGOR BREAKFAST 11.25

homemade raisin granola, greek yogurt, assorted berries, orange muffin

Breakfast Sandwiches

served with hashbrowns

FRIED EGG BACON SANDWICH 9.75

over easy egg with smoked bacon, white cheddar, arugula and spicy mayo on an English muffin

GRIDDLED SPAM 9.75

w/scrambled egg and American cheese on an English muffin

EGG WHITE SANDWICH 11.25

scrambled egg whites with oven roasted tomato, arugula, grilled portabella mushroom and smoked Gouda on an English muffin

Breakfast Specialties

BISCUITS & GRAVY 9.75

butter milk biscuit with sausage gravy and hash browns
add two eggs 2

STONE ARCH BREAKFAST 12

2 eggs to order, hash browns, choice of: bacon, griddled Spam or sausage and choice of wheat, white, rye toast or English Muffin

SOURDOUGH FRENCH TOAST 12

with apple compote, whipped butter, real maple syrup and whipped cream

OMELET 14

caramelized onions, sautéed mushrooms, cheddar cheese, tomato jam and choice of breakfast sausage, bacon or Spam, served with hashbrowns

VEGGIE OMELET 12

sautéed arugula, caramelized onions, tomatoes, tomato jam

CLASSIC BENNY 13

english muffin, Canadian Bacon, poached eggs, hollandaise sauce

NORDIC BENNY 15

grilled baguette, salmon lox, sautéed arugula, poached eggs, hollandaise sauce

Breakfast